

1. When should et al. be used in APA style?
 - A) When the source has 6 or more authors
 - B) When the source has more than 4 authors
 - C) If the source has more than 2 authors and has already been mentioned once in the document
 - D) Both A & C

2. One of the ethical problems with covert participant observation is:
 - A) Observing people outside of their natural setting
 - B) Not being able to write comprehensive fieldnotes
 - C) Subjecting the participants to physical harm
 - D) Deceiving the respondents as to the reason for your presence

3. Social planning is a:
 - A) Conscious and a deliberate effort to bring about change
 - B) Unconscious and accidental effort to bring about change
 - C) Sporadic effort to bring about changes in the economy alone
 - D) None of the above

4. In which stage of project life cycle, a major portion of the physical project work is performed?
 - A) Identifying
 - B) Defining
 - C) Executing
 - D) Appraisal

5. Which of the following is **not** considered to be a characteristic of a project?
 - A) An established objective
 - B) A clear beginning and end
 - C) Specific time, cost and performance requirements
 - D) For internal use only

6. Which among the following reflects the characteristics of PERT?
 - A) It is an evaluation tool
 - B) It is a monitoring tool
 - C) It is an evaluation and review technique
 - D) It is an estimation tool

7. Which is the step that follows formulation of objectives in project planning?
 - A) Time estimation
 - B) Activity plan
 - C) Cost estimation
 - D) Arranging sequence

8. A systematic review of the financial transactions of an organisation that involves an examination of the validity of supporting documents and the certification.
 - A) Accounting
 - B) An audit
 - C) Filing of returns
 - D) Documentation

9. The proponent of Critical Path method:
 A) Walker and Kelley B) Henry Gantt
 C) Arun Cheela D) Ilen Gates Starr
10. Gantt chart is :
 A) Visual representation of project schedule
 B) Evaluation of a project
 C) Oral representation of a project schedule
 D) Time based representation of a project
11. Which among the following shows the size, importance
 A) Social Mapping B) Pie Chart
 C) Venn diagram D) Seasonal calendar
12. An analysis that takes all of a project's relevant factors into account including economic, technical, legal, and scheduling considerations to ascertain the likelihood of completing the project successfully is called:
 A) Feasibility study B) Viability study
 C) Pre-testing D) Pilot study
13. All of the following are necessary for practice with non-clinical groups, **EXCEPT**:
 A) Knowledge of how groups work (cause-effect)
 B) Skills (theory-based) needed to manage group dynamics specific to each area of non-clinical practice
 C) Ability to use moral reasoning and ethics to assess the group's behavior and desired end-goals
 D) Knowledge of curative factors and mutual aid
14. It is important for children to interact with their immediate environment because it allows them to:
 A) Communicate with others B) Develop new skills
 C) Learn language D) Make mistakes and learn
15. Object permanency is the ability to:
 A) Reach out and grab an object
 B) Name an object
 C) Know that the object has a specific function in the environment
 D) Know that not seeing an object does not mean it does not exist
16. What are the three levels of phonological awareness?
 A) Syllables, words, sentences
 B) Sounds, pitch, tone
 C) Syllables, rhymes, phonemes
 D) Depth, speed, rhythm
17. Who created the social work competencies?
 A) International Council for social work Education
 B) The Council on Social Work Education
 C) International Federation of Social Workers
 D) International Association of Schools of Social Work

18. “Social work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversities are central to social work. Underpinned by theories of social work, social sciences, humanities and indigenous knowledges, social work engages people and structures to address life challenges and enhance wellbeing. The above definition may be amplified at national and/or regional levels.”. This definition is given by:
- International Council for social work Education
 - The Council on Social Work Education
 - International Federation of Social Workers
 - International Association of Schools of Social Work
19. Which among the following are overarching principles of social work?
- Respect for the inherent worth and dignity of human beings,
 - Doing no harm,
 - Respect for diversity and
 - Upholding human rights and social justice
- A) 1 & 3 only B) 1, 2 & 4 only C) 2, 3 & 4 only D) 1, 2, 3 & 4
20. Match the Year in List I with the historical event in social work profession in List II
- | List I | List II |
|---------|--|
| a. 1909 | 1. First White House Conference on Dependent Children. |
| b. 1936 | 2. Establishment of Sri. Dorabji Tata graduate school of Social work in Bombay |
| c. 1911 | 3. The National Association of Societies |
| d. 1918 | 4. Smith College established its School for Social Work |
- A) a-1, b-2, c-3, d-4 B) a-1, b-3, c-4, d-2
 C) a-1, b-2, c-4, d-3 D) a-2, b-1, c-4, d-3
21. The uniqueness of social work research and theories is:
- They are applied and emancipatory.
 - Co-constructed with service users
 - conducted through an interactive and dialogic process
 - Informed by specific practice environments.
- A) 1, 3 & 4 only B) 1, 2 & 3 only C) 2 & 4 only D) 1, 2, 3 & 4
22. Programs that assist those who are temporarily exposed to shocks, such as the unemployed
- Social Safety Net
 - Social service
 - Social development
 - Social health
23. The founder of modern palliative care movement:
- Rajagopal
 - Suresh Kumar
 - Robert Twycross
 - Dame Cicely Saunders

24. The word Social Action in 1922 was coined by:
 A) Murry G Ross B) Jack Rothman
 C) Mary E. Richmond D) Ralph Linton
25. The settlement house movement in England in 1884 was started by:
 A) Samuel A Barnett B) Jane Addams
 C) Ilen Gates Starr D) Queen Elizabeth
26. Identify the correct sequence of approaches to social work practice:
 A) Charity - Welfare - Participatory -Development- Sustainability - Right- based
 B) Charity - Welfare - Development -Participatory – Right-based - Sustainability
 C) Charity - Welfare- Development - Participatory – Sustainability- Right- based
 D) Charity - Development- Welfare -Participatory – Sustainability- Right- based
27. The amendment of the Indian Constitution which abolished the nomination of Anglo-Indians to the Lok Sabha and Legislative Assemblies:
 A) 104th Amendment Act B) 103rd Amendment Act
 C) 102nd Amendment Act D) 101th Amendment Act
28. Which of the following are the demerits of the presidential form of government?
 1. Conflict between legislature and executive
 2. Inelastic
 3. May lead to autocracy
 4. Lack of accountability
 A) 2 & 3 only B) 1 & 4 only C) 1, 2 & 3 only D) 1, 2, 3 & 4
29. Match the theory in List I with their proponents in List II
 List I List I
 a. Administrative theory 1. Henry Fayol
 b. Scientific Management 2. Frederick Taylor
 c. Human Relations Approach 3. Elton Mayo
 d. System approach 4. Chester Bernard
 A) a-1, b-2, c-3, d-4 B) a-4, b-3, c-1, d-2
 C) a-1, b-2, c-4, d-3 D) a-2, b-1, c-3, d-4
30. Expand RAT in job analysis:
 A) Role attitude test B) Real activity test
 C) Role Ambiguity test D) Role analysis technique
31. The mnemonic POSDCORB for management was firstly coined by:
 A) James Mooney B) Adam Smith
 C) Luther Gulick D) Elton Mayo
32. Grouping of job involves:
 A) Planning B) Organising C) Staffing D) Directing

33. Single subject designs research is basically:
 A) Experimental B) Quasi experimental
 C) Intervention D) Evaluative
34. The magnitude of the relationship is determined by:
 A) Coefficient of correlation B) Correlation
 C) Regression D) ANOVA
35. The focus of diagnostic study is on:
 A) The historical analysis of the problem
 B) Causes of the problem
 C) Effectives of intervention
 D) Nature and causes of problem
36. Which among the following is **not** a condition that has to be fulfilled to draw a causal inference:
 A) The cause precedes the effect in time,
 B) There is an empirical correlation between variables
 C) The relationship is not found to be the result of the effects of some third 'variable on each of the two initially observedD)
 D) There is an assumed relationship between variables
37. A cross sectional design is:
 A) A study of one particular section of society
 B) One that is devised when the researcher is in a bad-mood
 C) The collection of data from more than one case at one moment in time
 D) A comparison of two or more variables over a long period of time
38. Put the data analysis process in sequential order.
 1. Classification 2. Tabulation 3. Coding 4. Editing
 A) 1, 4, 3, 2 B) 2, 3, 1, 4 C) 4, 3, 1, 2 D) 4, 3, 2, 1
39. 'Eyeballing' is a technique that involves:
 A) Scanning a table to identify general patterns and significant figures
 B) Reading a textual document quickly to understand the gist of it
 C) Gathering a sample from whoever you can see in a public place
 D) Keeping your eyes on research participants at all times
40. Which of the following are the individual privileges of members of state legislature?
 1. They cannot be arrested during the session of the state legislature.
 2. They have freedom of speech in the state legislature.
 3. They are exempted from jury service.
 4. Keep strangers out of the gathering and organise covert sessions to address vital issues.
 A) 1 & 2 only B) 3 & 4 only C) 1, 2 & 3 only D) 1, 2, 3 & 4

41. Match the concepts in List I with their manifestations in List II
- | List I | List I |
|---------------------------------------|--|
| a. Civil and political rights | 1. Rights to reasonable levels of education, healthcare and housing and minority language rights |
| b. Socio-economic and cultural rights | 2. Free speech and conscience and freedom from torture and arbitrary detention; |
| c. Intergenerational equity | 3. Justice in between individuals belonging to a generation |
| d. Intragenerational equity | 4. Fairness between the interaction of the youth and the elderly |
- A) a-2, b-1, c-3, d-4 B) a-1, b-3, c-4, d-2
 C) a-3, b-2, c-4, d-1 D) a-2, b-1, c-4, d-3
42. As per Hindu Minority and Guardianship Act 1956, a guardian is **not** responsible for:
- A) Person of the minor
 B) Separate Property of the minor
 C) Joint Hindu Family Property
 D) None of the above
43. Under the provisions of Criminal Procedure 1973, which of the following is valid in case of confessions made:
- A) To Police officer are valid
 B) Made to police officer while in police custody is valid
 C) Only the magistrate enjoys the power of recording confession
 D) Can be made to the authorised persons only
44. Who codified IPC and CrPC?
- A) Thomas Babington Macaulay
 B) Lord Canning
 C) Lord Rippon
 D) Lord Hobhouse
45. Procedure to arrest a person in India:
1. A Private person can arrest another person who commits a non-bailable offence
 2. A police officer can arrest a person who commits a non-bailable offence
 3. In the absence of the officer the accused has to be taken to the nearest police station.
 4. Has to file a Zero FIR
- A) 1 & 2 only B) 2 & 3 only
 C) 1, 2 & 3 only D) 1, 3 & 4 only

46. Assertion (A): One of the fundamental Principles of Indian Constitution is Directive Principles of State Policy
Reason (R) : The Constitution of India prohibits any kind of discrimination against women.
- A) Both A and R are true and R is the correct explanation of A
B) Both A and R are true, but R is not the correct explanation of A
C) A is true, but R is false
D) A is false, but R is true
47. Perspectives that emerge from within the cultures of the country are:
A) Multicultural B) Indigenous C) Aboriginal D) Endemic
48. Which of the following is true for caste?
A) It is based on equality B) It is not linked to occupations
C) It is endogamous D) It is a choice
49. Law that recognised SC's and ST's.
A) The Government of India Act, 1935
B) The Untouchability Offences Act of 1955
C) The Scheduled Castes (Prevention of Atrocities) Act, 1989
D) The Scheduled Tribes (Prevention of Atrocities) Act, 2006
50. Kinship that have blood relations are:
A) Consanguineal B) Affinal
C) Both A & B D) None of the above
51. Assertion (A): Right-based approach involves a process of enabling and empowering those who are not enjoying their rights to claim their rights
Reason (R): Raising the claim of one's right asserts an individual's ownership of his entitlement and helps to define right as well as raises awareness that it is not a privilege, but a right.
- A) A is true and R is the correct explanation of A
B) A is true but R is false
C) Both A and R are true. But R is not the correct explanation of A
D) Both A and R are false.
52. The city is known as "city of slums":
A) Mumbai B) Chennai C) Kolkata D) Delhi
53. According to the Institute of Road Traffic Education which is the noisiest city in India with 83 decibels
A) Mumbai B) New Delhi C) Nagpur D) Hyderabad
54. The 74th amendment of the constitution of India came into force on:
A) 24-4-1993 B) 6-1-1994 C) 1-4-1995 D) 1-6-1993

55. Assertion (A): The perspective of community as a centre for power and conflict considers power and politics as central to our understanding of community.
- Reason (R): Communities are seen as arenas where competing groups are constantly engaged in conflict over power and the control of scarce resources.
- A) A is true and R is the correct explanation of A
 B) A is true but R is false
 C) Both A and R are true. But R is not the correct explanation of A
 D) Both A and R are false
56. Which among the following is **not** a rule for radicals by Saul Alinsky?
1. "Power is not only what you have but what the enemy thinks you have."
 2. "Never go outside the expertise of your people."
 3. "Whenever possible go outside the expertise of the enemy."
 4. "Make the enemy live up to its own book of rules."
- A) 1 only B) 1, 2 & 3 only C) 2 & 3 only D) 1, 2, 3 & 4
57. The Audit of the State Government is a:
- A) State subject B) Union subject
 C) In the concurrent list D) None of these
58. The core value of public administration is not dependent on:
- A) Equity B) Effectiveness C) Bureaucracy D) Efficiency
59. Which are the components of the Goal Setting Theory?
1. Punishment
 2. Reinforcement
 3. Goal acceptance
 4. Goal difficulty
 5. Performance feedback
- A) 1, 2 & 3 only B) 3, 4 & 5 only C) 2 & 3 only D) 1 & 2 only
60. The registration and other activities of a cooperative society are regulated by:
- A) NABARD
 B) State Bank of India
 C) Securities and Exchange Board of India
 D) Registrar, Cooperative Societies
61. Match the name of movement in List I with their leaders in List II
- | List I | List II |
|---------------------------|------------------------|
| a. The guerrilla movement | 1. Alluri Sitaram Raju |
| b. Adi Dharma Movement | 2. Ram Mohan Roy |
| c. Chipko Movement | 3. Sunder Lal Bahuguna |
| d. Santhal movement | 4. Sidhu Kanhu Murmu |
- A) a-1, b-2, c-4, d-3 B) a-4, b-1, c-3, d-2
 C) a-2, b-1, c-3, d-4 D) a-1, b-2, c-3, d-4

62. The movement started to save the oak and rhododendron forests:
 A) Silent Valley Movement B) Jungle BachaoAndholan
 C) Appiko Movement D) Chipko Movement
63. Which of the following statements are true about Conflict theory?
 1. Struggle for limited resources
 2. Focus on consensus and compliance
 3. Coined by Karl Marx
 4. A normative conflict arises when multiple plausible rules exist
 A) 1 & 2 only B) 2 & 3 only C) 1, 3 & 4 only D) 1, 2 & 3 only
64. Which of the following stratification system is more open?
 A) Class B) Community
 C) Caste D) Communal group
65. Modern States have done away with the intoxicating control of:
 A) Religion B) Society C) Community D) Government
66. Which among the following **not** a characteristic of norm?
 A) Norms are value free
 B) Norms are related to facts
 C) Norms include value judgement
 D) Norms vary with sanctions
67. Which among the following characteristics include Indigenous peoples?
 1. They live within geographically distinct ancestral territories.
 2. They tend to maintain distinct social, economic and political institutions within their territories.
 3. They typically aspire to remain distinct culturally, geographically and institutionally, rather than assimilate fully into national society.
 4. They do not self-identify as indigenous or tribal.
 A) 1, 3 & 4 only B) 1,2 & 3 only C) 1, 2 & 4 only D) 2, 3 & 4 only
68. The human development perspective of development recognizes economic growth as:
 A) An end in itself
 B) A means to ensure economic prosperity
 C) a means to ensure educational, health, employment of largest segments of population.
 D) a means to manage human relations in multinational corporate bodies.
69. Which of the following statements are true about complementary goods:
 1. There will be a negative cross elasticity of demand for complementary items
 2. Demand will decrease for both complementary items if the price of one good rises
 3. The cross elasticity of demand will be stronger the more closely related the commodities are
 A) 1 & 2 only B) 2 & 3 only C) 1 & 3 only D) 1, 2 & 3

70. What do you mean by the supply of goods?
 A) Stock available for sale
 B) Total stock in the warehouse
 C) The actual production of the goods
 D) Sale, transfer, exchange, barter, license, rental, lease and disposal.
71. Assertion (A): Contraction in supply leads to a downward movement along the same supply curve.
 Reason (R): Downward movement along the same supply curve occurs due to an increase in price of the commodity, other factors remaining constant.
- A) A is True but R is False
 B) A is False but R is True
 C) Both A and R are true and R is the correct explanation of A
 D) Both A and R are true but R is not the correct explanation of A
72. The author of the book “Effective Planning for Groups”:
 A) Morgan Robert & Stockton R
 B) Payne K T & Marcus
 C) Leary T. E & Leddick G. R
 D) Janice DeLucia & Amy Nitza
73. Which is the correct sequence Stages of Palliative Care?
 A) Active Monitoring- Symptom Management- Disease Progression - End-of-Life – Bereavement
 B) Symptom Management- Active Monitoring- Disease Progression - End-of-Life – Bereavement
 C) Symptom Management- Disease Progression- Active Monitoring- - End-of-Life – Bereavement
 D) Active Monitoring- Disease Progression- Symptom Management- - End-of-Life – Bereavement
74. A Social Group worker has worked with a group of nine students on a weekly basis for an year. They are preparing for a summer vacation in two months time. What should be the next process of Social group work?
 A) Termination B) Follow-up C) Conclusion D) Transition
75. Who coined the term person in situation as a way to define the distinguishing characteristics of social work as a “humanistic” or clinical profession?
 A) Mary Richmond B) Gordon Hamilton
 C) Virginia Robinson D) Helen Perlman
76. Sources of income of village panchayat includes:
 A) Share in land revenue
 B) Local tax
 C) Revenue earned from the settlement of shops
 D) All the above

77. Assertion (A): Social Goal Model of group work helps members of the community to work on solving social issues and bringing about social change for oppressed populations.
Reason (R): The group participants here are regarded as clients rather than members
- A) A is true but R is false
B) A is false but R is true
C) Both A and R are true and R is the correct explanation of A
D) Both A and R are true but R is not the correct explanation of A
78. Cognition includes:
1. Feelings elicited
 2. Adaptive and maladaptive thoughts
 3. Identification and disputing irrational beliefs
 4. Identification, generation and reinforcement of positive thoughts
- A) 1, 2 & 3 only B) 1 & 4 only C) 2 & 3 only D) 2, 3 & 4 only
79. Principle of Social Action:
- A) Legitimisation B) Self Help
C) People's Centrality D) Local Leadership
80. Who among the following persons predominantly identify the 'felt need' of the people?
- A) Leaders of the community
B) Social Worker and the people
C) Government Officer and his Workers
D) Non-Profit Organisation in the area
81. What is the correct sequence of process of community organization?
- A) Study-Problem identification & prioritisation- Assessment – Strategy
Formulation – Organisation – Action – Evaluation
B) Problem identification & prioritization – Study - Assessment – Strategy
Formulation – Organisation – Action – Evaluation
C) Study – Assessment – Problem Identification & prioritisation- Strategy
Formulation – Organisation – Action – Evaluation
D) Study – Assessment – Problem Identification & prioritisation- Organisation -
Strategy Formulation – Action – Evaluation
82. Assertion (A): The discourse of indigenization of social work education has not been able to make a substantiative impact on redesigning social work curriculum and field practicum
Reason (R): The early intellectuals in the profession came predominantly from the ruling class, who approached the societal issues from functionalist perspective due to their conservative ruling class ideology.
- A) A is false but R is true
B) A is true but R is false
C) Both A and R are true
D) Both A and R are false

83. Which is the correct sequence of Rostow's stages of economic growth?
- Traditional Society - Transitional Stage – drive to maturity – high mass consumption
 - Subsistence activity – take off – drive to maturity-high mass consumption
 - Traditional society-Pre conditions to take off-drive to maturity-high mass consumption
 - Subsistence activity- take off-high mass consumption-drive to maturity
84. What type of system is using markets as the primary means of organizing and coordinating production?
- Private
 - Market
 - Public
 - Mixed
85. The organisations which emphasises on the liberalisation of foreign investment and foreign trade:
- International Monetary Fund
 - General Agreement on Tariffs and Trade
 - International Labour Organisation
 - World Trade Organisation
86. Match the name of Economic Institutions in List I with their headquarters in List II
- | List I | List II |
|--------|----------------|
| a. WTO | 1. Geneva |
| b. IMF | 2. Washington |
| c. ADB | 3. Cancún |
| d. G20 | 4. Mandaluyong |
- a-2, b-4, c-3, d-1
 - a-4, b-1, c-3, d-2
 - a-1, b-2, c-3, d-4
 - a-1, b-2, c-4, d-3
87. The PQLI measure of a country is calculated based on:
- Literacy rate, Infant mortality and life expectancy at age one
 - Literacy rate, maternal mortality rate and life expectancy
 - Infant mortality, maternal mortality, literacy
 - Literacy rate, sex ratio and life Infant mortality rate
88. Which of the following statements are true about elements of cognition?
- The ability to identify salient features in a situation
 - The organisation of past experience or new information into a plan or idea
 - The ability to make decisions, evaluations or judgements
 - Creating meaningful patterns out of sensory impressions.
- 1 & 2 only
 - 3 & 4 only
 - 1, 2 & 3 only
 - 1, 2, 3 & 4
89. Heredity refers to:
- The transmission by the parents to their offspring of certain characteristics, biological or psychological
 - The transmission of traits from parents to offspring
 - The totality of biologically transmitted factors that influence the structure of the body
 - All of the above

90. Teratogen refers to:
 A) A type of ultrasound
 B) A layer of the embryo
 C) Any agent that causes an abnormality following foetal exposure during pregnancy
 D) A measure of prenatal activity
91. What is the correct sequence of pre-natal development?
 A) Conception – Germinal-Embryonic-Foetal
 B) Germinal – Embryonic-Foetal
 C) Embryonic – Germinal-Foetal
 D) Conception – Embryonic- Germinal-Foetal
92. Match the name of Needs in List I with their manifestations in List II
- | List I | List I |
|-----------------------------|--------------------------------|
| a. Safety needs | 1. Companionship and affection |
| b. Social needs | 2. Law and stability |
| c. Esteem needs | 3. Seeking peak performance |
| d. Self-actualization needs | 4. Status and mastery |
- A) a-2, b-4, c-3, d-1 B) a-2, b-1, c-4, d-3
 C) a-1, b-4, c-3, d-2 D) a-2, b-4, c-1, d-3
93. Law of Regression in heredity is proposed by:
 A) Francis Galton B) Gregor Mendel
 C) Charles Darwin D) Brno Francis
94. Assertion (A): Functional School social casework helps people through special services given by social agencies in such way that the experience of using such services may be psychologically constructive
 Reason (R): Two inseparable aspects of functional schools are Potentials for help to a person is inherent in the existence of service and the use of agency service gives psychological experience that differs from the form of another kind of service.
- A) A is true but R is false
 B) A is false but R is true
 C) Both A and R are true and R is the correct explanation of A
 D) Both A and R are true but R is not the correct explanation of A
95. Which among the following is **not** a direct treatment in Social Case Work?
 A) Counseling B) Therapeutic interviewing
 C) Interpretation to an insight D) Environmental Modification
96. The type of recording in which the basic ideas of the case or action plan is provided and does not provide the detail information:
 A) Summary recording B) Abstract Recording
 C) Role recording D) Brief recording

97. What is the correct sequence of steps in systematic desensitization?
- Assessment; Training in muscle relaxation; Construction of anxiety hierarchies; Imaginary training; Implementation
 - Assessment; Construction of anxiety hierarchies; Imaginary training; Training in muscle relaxation; Implementation
 - Assessment; Imaginary training; Construction of anxiety hierarchies; Training in muscle relaxation; Implementation
 - Assessment; Construction of anxiety hierarchies; Training in muscle relaxation; Imaginary training; Implementation
98. Which among the following statements are True about diagnostic school
- Believes in the client's right for choices and goals because of the constructive value of the use of self.
 - Follows the theory of personality developed by Sigmund Freud
 - believes that personality is a composite of many interacting forces, reacting not only in each other but also influences the social environment favourably or unfavourably.
 - The ego is the chief of psychic energy, the strength of which is determined largely by the favourable or unfavourable course of one's psycho-social environment
- A) 2, 3 & 4 only B) 1 & 2 only C) 1 & 3 only D) 1, 2, 3 & 4
99. Which among the following is **not** included in three stages in dealing and using transference in social case work:
- Understanding the transference
 - Utilizing the transference
 - Interpreting the transference
 - Delimiting the transference
100. Which among the following is the major emphases in best practice for groups?
- Planning, leadership and performing
 - Planning, performing and processing
 - Planning, performing and reporting
 - Planning, process and performing
101. Match the types of groups in List I with their characteristics in List II
- | List I | List II |
|-----------------------------|---|
| a. Psychoeducational groups | 1. Provide information and opportunities for improved functioning |
| b. Counselling groups | 2. Address personal and interpersonal problems |
| c. Therapy groups | 3. Remediate perceptual and cognitive distortions |
| d. Educational groups | 4. Development of skills and coping strategies |
- A) a-4, b-2, c-1, d-3 B) a-4, b-3, c-1, d-2
 C) a-4, b-2, c-3, d-1 D) a-3, b-2, c-4, d-1

102. SOLER principles in the context of attending to clients, was formulated by:
- A) J B Watson
 - B) Gerard Egan
 - C) Viktor Frankl
 - D) Albert Ellis
103. Which of the following is TRUE about Phoneme skills?
- A) Have no effect on reading success
 - B) Are strong predictors of reading success
 - C) Are strong predictors of language
 - D) Aid in the development of grammar
104. Which of the following is a general criticism of Piaget's work?
- A) He did not take into account social influences
 - B) His work had little evidence to support it
 - C) His statistics were flawed
 - D) He over analyzed his results
105. During early adulthood, which of the following begin to decline?
- A) Dexterity
 - B) Physical fitness
 - C) Cognitive functioning
 - D) Metabolism
106. What does the term 'population ageing' mean?
- A) The trend for the oldest age groups in society to grow faster than the younger age groups
 - B) The trend for the youngest age groups in society to grow faster than the oldest age groups
 - C) The trend for the middle-aged groups in society to grow faster than the oldest age groups
 - D) The trend for the youngest age groups in society to grow faster than the middle-aged groups
107. Which are the Five Dimensions of Martin Seligman's PERMA Model?
- A) Patience, Energy, Reasoning, Management, Acceptance
 - B) Positive emotions, Engagement, Reliance, Management, Achievement
 - C) Placidity, Equitability, Resilience, Measurement, Adaptation
 - D) Positive Emotions, Engagement, Relationships, Meaning, Accomplishment
108. Which of the following is concerned with regular check-up of the effectiveness of the guidance program?
- A) Evaluation
 - B) Research and evaluation
 - C) Follow-up
 - D) Counselling
109. Systematic desensitization is a technique whereby a client resolves irrational fears through gradual exposure to the fear-producing stimulus. It was first developed as a therapy technique by
- A) Albert Bandura
 - B) Joseph Wolpe
 - C) Carl Rogers
 - D) Sigmund Freud

110. A counselor whose methods are based on learning theory approaches treatment
- A) From a behavioural standpoint
 - B) With an emphasis on rational thinking
 - C) By focusing on emotional content
 - D) In a holistic manner
111. The common elements across the varying definitions of sexual health are:
- A) Sexuality or relationships with a sexual or romantic component have intrinsic value as a part of health
 - B) Sexual relationships are of intrinsic importance to health
 - C) Healthy sexual relationships need positive experiences for individuals and their partners
 - D) Sexuality or relationships with a sexual or romantic component have intrinsic value as a part of health, and healthy sexual relationships require positive experiences for individuals and their partners.
112. Assertion (A): Dementia is a normal part of ageing and it is not possible for persons with dementia to continue to engage and contribute within society and have a good quality of life.
- Reason (R): People with dementia and their caregivers often have unique insights to their condition and life. They should be involved in formulating the policies, plans, laws and services that relate to them
- A) A is true but R is false
 - B) Both A and R are true
 - C) A is false and R is true but R is not the correct explanation of A
 - D) Both A and R are false
113. Which of the following statements regarding Depression in old age is true?
- A) Questions that assess the symptoms of depression using the Patient Health Questionnaire are commonly used in surveys in India
 - B) Depression in older adults is easily diagnosed and treated
 - C) Older adults themselves often seek help for depression because they feel that they could get better with appropriate treatment
 - D) Health care providers may mistake symptoms of depression as just a natural reaction to illness or the life changes that may occur with ageing and may not treat depression.
114. In Transactional Analysis, which is the source of our emotional responses?
- A) Parent Ego state
 - B) Child ego state
 - C) Nurturing parent
 - D) Adult ego state
115. Which characteristic is **not** part of the fully functioning person?
- A) Openness to experience
 - B) Living fulfilled life
 - C) Competent and creative
 - D) Dishonesty
116. Which word did Maslow use as an alternative to self-actualizing needs?
- A) Metalevels
 - B) Metagrowth
 - C) Meteriosis
 - D) Metaneeds

117. Match the Author in List I with their definitions of Social Case Work in List II
- | List I | List II |
|-------------|--|
| a. Richmond | 1. Social case work is a process concerned with the understanding of individuals as whole personalities and with the adjustment of these individuals to socially healthy lives. |
| b. Queen | 2. Social case work is the art of adjusting personal relationship. |
| c. Pearlman | 3. Social case work means those processes which develop personality through adjustment consciously affected, individual by individual, between men and their social environment. |
| d. Taylor | 4. Social case work is process used by certain human welfare agencies to help individuals cope more effectively with their problems in social functioning. . |
- A) a-3, b-2, c-4, d-1 B) a-2, b-1, c-4, d-3
 C) a-1, b-4, c-3, d-2 D) a-3, b-2, c-1, d-4
118. The functional approach to Social Work practice is based on
- A) Psycho-analytic theory of Freud
 B) Personality theory of Otto Rank
 C) Client centered theory of Rogers
 D) Behavioral theory of Watson
119. Sensitivity, understanding and response are the components of:
- A) Confidentiality B) Individualisation
 C) Acceptance D) Controlled emotional involvement
120. The case worker's responsible and disciplined use of himself in working with the client is reflected in the following:
- A) Counselling B) Treatment
 C) Relationship D) Social Case work
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